

Day 1: This is me

Thursday June 28th, 2012

Time	Activity
09.00-9.30	Registration and Coffee
9.30.-9.45	Welcome by Charlotte Delange and introduction of the day
9.45-10.45	Shaping your Career by P. Peters, NCI, Amsterdam, The Netherlands
10.45-11.00	Introduction activity
11.00-11.15	Break
11.15-16.00	Workshop session I: Discover your talents. . Know yourself and others (DISC)
12.30-13.30	LUNCH . From core qualities to careers
16.00-16.30	Break
16.30-19.00	Workshop session II: present yourself. I am the stepping stone to my future. . My identity, my image, my reputation; Social Media . How to present myself, how to sell myself/my project to the selection committee . Networking
	. Assignment for next day!
19.30-21.00	Dinner
21.00-late	Drinks

Day 2: Skills and Possibilities

Friday June 29th, 2012

Time	Activity
07.30-9.00	Breakfast
09.00-9.15	Introduction of the day
09.15-11.00	Use your skills to the best Keynote lecture on transferable skills in industry and knowledge valorisation Jesus Requena, Santiago de Compostela, Spain Giuseppe Legname, SISSA
11.00-12.00	Workshop session III: Increase your skills. . Communicating effectively
12.00-13.00	Lunch
13.00-16.30 break 14.45-15.00	Continue Workshop session III: Increase your skills. . Negotiation . Personal Effectiveness / Time management . Projectmanagement . How to influence
16.30-17.00	Finishing up the day: What did you learn? Which actions are you going to take?